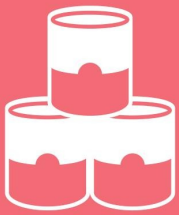


# CAMDEN MOBILE FOOD BANK



## MONTHLY SHOPPING LIST

We can't help people without your wonderful food donations. Our monthly shopping list has the items we most need.

[WWW.URBANCOMMUNITYPROJECTS/DONATE](http://WWW.URBANCOMMUNITYPROJECTS/DONATE)

# DONATE

## TINNED VEGETABLES

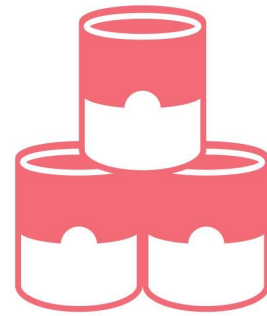
GREEN PEA  
SWEET CORN  
CARROTS  
MIXED VEGETABLES  
BAKED BEANS  
BAKED BEANS &  
SAUSAGES  
KIDNEY BEANS  
BUTTER BEANS  
3 BEAN SALAD  
TOMATOES

## TINNED MEAT & FISH

CORNERD BEEF  
HAM  
HOTDOGS  
CHILLI CON  
CARNE  
TUNA  
SALMON  
MACKEREL  
SARDINES

## PASTA

PENNE  
MACARONI  
TAGLIATELLE  
PASTA  
SHELLS  
SPAGHETTI  
LINGUINE  
RAVIOLI



## NON FOOD PRODUCTS

SHOWER  
GEL  
BODY  
WASH  
SHAMPOO  
CONDITIONER  
2 in 1  
BODY  
LOTION